

CATHERINE WILKINSON

BSc, MSc

CASE MANAGER

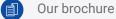
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PROFESSIONAL MEMBERSHIPS

• The British Association of Brain Injury & Complex Case Management (BABICM) 1840447

EXPERIENCE

•	CASE MANAGER	Provision of high-quality case management services, including assessment of
	Uk Case Management Ltd.	need, recruitment, supervision, and management of support staff, both in the
	January 2024 - Present	community and in liaison with residential rehabilitation units and publicly funded
		bodies
		Specialist areas: support worker packages, independent living
		Assessment and preparation of costed case management reports for medico-legal
		purposes for clients with brain and spinal injuries and poly-trauma
		Ongoing coordination of therapies, rehabilitation programmes, and support for
		clients with birth injuries, brain and spinal injuries, pre and post settlement
		Working with the primary, secondary, and further education systems, both
		mainstream and special needs establishments
		 Ongoing management, training, and supervision of support staff
		 Identification of client goals and rehabilitation needs
		Identification and management of risk
•	ADVANCED SUBSTANCE MISUSE	• Complex case management including prisoners with Brain injury, ADHD, EUPD,
	PRACTIONER	Drug induced psychosis, Neurodiversity and Korsakoff syndrome and
	HMP and YOI Moorland	Schizophrenia among others
	February 2016 - January 2024	• Overseeing a caseload of those with a high risk offence history, including arson,
2		sexual offences, violence and weapons
		Worked closely with young offenders and those looking to apply for rehab
		funding and placements on release from custody
		• Worked from triage and assessment through to release and community referrals
		Experienced in Motivational Interviewing
		Worked alongside a multidisciplinary team of nurses, doctors, pharmacy
		technicians and liaised with other services within the prison including offender
		managers, mental health, physical health, prison officers, resettlement and home
		office as part of a MDT
		Worked alongside external teams including probation, solicitors, safeguarding
		teams, police liaison, social workers, community drug and alcohol services, rehab
		providers and funding providers

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• Supported prisoners in all aspects of their care from psychosocial interventions, group work delivery, parole reports and clinical treatment plans • Assessed need and created care plans, provided one to one support on aspects such as motivation to change, what to expect from rehab, harm reduction and links to offending behaviours **REHABILITATION WORKER AND** • Rehabilitation worker supporting male and female residents with NUTRITION CHAMPION acquired/traumatic brain injuries York House; Headway • Key worker for residents with substance misuse issues and contributed to the July 2014 - February 2016 management care plans • Worked across the induction unit supporting residents throughout their initial need assessment • Appointed nutrition champion for the service to help enable residents to understand the impact of a healthy lifestyle on their recovery following injury • Worked as part of a MDT alongside SaLT, Psychologists, Occupational Therapists and full nursing team to progress clients through their rehabilitation goals **RECRUITMENT CONSULTANT** • Matching those seeking work to roles that could best match their level of AND RESOURCER experience and expertise • Approaching employers direct to offer support to fill their vacancies through Navigation Recruitment January 2013 - July 2014 accessing my portfolio of clients to match, prepare for interview and feedback on outcomes • Sourcing my own clients and matching with my own portfolio to fill the roles as best suited to my clients needs Managed a large caseload **HEALTHCARE WORKER** • Supporting clients across 7 medium secure wards including patients with ASDs, Stockton Hall Psychiatric Hosp. developmental disorders, mental health and personality disorders May 2012 - December 2014 Assisted in the therapeutic program alongside an MDT **OUTREACH WORKER** • Key worker for a young adult with with ASD, offering community support and United Response support within school June 2011 - December 2012 SUPPORT WORKER • Supported people with learning disabilities, autism and mental health support United Response needs with day to day living in their own home May 2010 - December 2012 EDUCATION

& TRAINING

COGNITIVE NEUROSCIENCE MSC University of York 2012 CRIMINOLGY BSC 2.1 WITH HONORS Northumbria University 2011 LEVEL 5 DIPLOMA COUNSELLING SKILLS Drug and Solvent Abuse Counselling 2020

ACHIEVEMENTS

- Liaising with fundraising teams to organise a 'sleep out' to raise funds for community rehabilitation teams that work alongside Substance Misuse Services providing exceptional care after release from custody
- MSc Dissertation Project "Understanding another's Misunderstanding" using EEG to explore the mental representation of others by combining existing knowledge of action literature and the N400 effect (click here)
- BSc Dissertation Project: "In what ways can prison be deemed an adequate machine for dealing with Mentally Disordered Offenders?"