

# CATHERINE WILKINSON

#### BSc, MSc

### CASE MANAGER

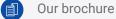
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👷 UK Case Management Ltd. | 2 Newton House | Birch Way | Easingwold Business Park | York | YO61 3FB





#### **PROFESSIONAL MEMBERSHIPS**

• The British Association of Brain Injury & Complex Case Management (BABICM) 1840447

## EXPERIENCE

| • | CASE MANAGER                 | Provision of high-quality case management services, including assessment of         |
|---|------------------------------|---|
|   | Uk Case Management Ltd.      | need, recruitment, supervision, and management of support staff, both in the        |
|   | January 2024 - Present       | community and in liaison with residential rehabilitation units and publicly funded  |
|   |                              | bodies  |
|   |                              | Specialist areas: support worker packages, independent living                       |
|   |                              | Assessment and preparation of costed case management reports for medico-legal       |
|   |                              | purposes for clients with brain and spinal injuries and poly-trauma                 |
|   |                              | Ongoing coordination of therapies, rehabilitation programmes, and support for       |
|   |                              | clients with birth injuries, brain and spinal injuries, pre and post settlement     |
|   |                              | Working with the primary, secondary, and further education systems, both            |
|   |                              | mainstream and special needs establishments   |
|   |                              | <ul> <li>Ongoing management, training, and supervision of support staff</li> </ul>  |
|   |                              | <ul> <li>Identification of client goals and rehabilitation needs</li> </ul>         |
|   |                              | Identification and management of risk   |
|   |                              |   |
| • | ADVANCED SUBSTANCE MISUSE    | • Complex case management including prisoners with Brain injury, ADHD, EUPD,        |
|   | PRACTIONER                   | Drug induced psychosis, Neurodiversity and Korsakoff syndrome and                   |
|   | HMP and YOI Moorland         | Schizophrenia among others  |
|   | February 2016 - January 2024 | • Overseeing a caseload of those with a high risk offence history, including arson, |
| 2 |                              | sexual offences, violence and weapons   |
|   |                              | Worked closely with young offenders and those looking to apply for rehab            |
|   |                              | funding and placements on release from custody                                      |
|   |                              | • Worked from triage and assessment through to release and community referrals      |
|   |                              | Experienced in Motivational Interviewing  |
|   |                              | Worked alongside a multidisciplinary team of nurses, doctors, pharmacy              |
|   |                              | technicians and liaised with other services within the prison including offender    |
|   |                              | managers, mental health, physical health, prison officers, resettlement and home    |
|   |                              | office as part of a MDT   |
|   |                              | Worked alongside external teams including probation, solicitors, safeguarding       |
|   |                              | teams, police liaison, social workers, community drug and alcohol services, rehab   |
|   |                              | providers and funding providers   |
|   |                              |   |

#### CATHERINE WILKINSON



• Supported prisoners in all aspects of their care from psychosocial interventions, group work delivery, parole reports and clinical treatment plans • Assessed need and created care plans, provided one to one support on aspects such as motivation to change, what to expect from rehab, harm reduction and links to offending behaviours **REHABILITATION WORKER AND** • Rehabilitation worker supporting male and female residents with NUTRITION CHAMPION acquired/traumatic brain injuries York House; Headway • Key worker for residents with substance misuse issues and contributed to the July 2014 - February 2016 management care plans • Worked across the induction unit supporting residents throughout their initial need assessment • Appointed nutrition champion for the service to help enable residents to understand the impact of a healthy lifestyle on their recovery following injury • Worked as part of a MDT alongside SaLT, Psychologists, Occupational Therapists and full nursing team to progress clients through their rehabilitation goals **RECRUITMENT CONSULTANT** • Matching those seeking work to roles that could best match their level of AND RESOURCER experience and expertise • Approaching employers direct to offer support to fill their vacancies through Navigation Recruitment January 2013 - July 2014 accessing my portfolio of clients to match, prepare for interview and feedback on outcomes • Sourcing my own clients and matching with my own portfolio to fill the roles as best suited to my clients needs Managed a large caseload **HEALTHCARE WORKER** • Supporting clients across 7 medium secure wards including patients with ASDs, Stockton Hall Psychiatric Hosp. developmental disorders, mental health and personality disorders May 2012 - December 2014 Assisted in the therapeutic program alongside an MDT **OUTREACH WORKER** • Key worker for a young adult with with ASD, offering community support and United Response support within school June 2011 - December 2012 SUPPORT WORKER • Supported people with learning disabilities, autism and mental health support United Response needs with day to day living in their own home May 2010 - December 2012 EDUCATION

# & TRAINING

COGNITIVE NEUROSCIENCE MSC University of York 2012 CRIMINOLGY BSC 2.1 WITH HONORS Northumbria University 2011 LEVEL 5 DIPLOMA COUNSELLING SKILLS Drug and Solvent Abuse Counselling 2020

### ACHIEVEMENTS

- Liaising with fundraising teams to organise a 'sleep out' to raise funds for community rehabilitation teams that work alongside Substance Misuse Services providing exceptional care after release from custody
- MSc Dissertation Project "Understanding another's Misunderstanding" using EEG to explore the mental representation of others by combining existing knowledge of action literature and the N400 effect (click here)
- BSc Dissertation Project: "In what ways can prison be deemed an adequate machine for dealing with Mentally Disordered Offenders?"